

World Hospice and Palliative Care Day Report

Occasion: World Hospice and Palliative Care Day

Date: Second Saturday of October

Organized by: KALYAN COLLEGE OF NURSING, RAJURA

Venue: multipurpose hall

Introduction

World Hospice and Palliative Care Day is observed every year on the second Saturday of October to raise awareness about the importance of hospice and palliative care worldwide. The day is organized by the Worldwide Hospice Palliative Care Alliance (WHPCA) to promote access to quality care for people living with life-limiting illnesses.

Theme : “ Achieving the promise : Universal access to palliative care”

Each year, the day is celebrated with a specific theme focusing on improving access to palliative care, pain relief, dignity in care, and support for families and caregivers.

Objectives

To increase awareness about hospice and palliative care services.

To promote pain management and relief of suffering.

To support patients with chronic and life-threatening illnesses.

To advocate for integrating palliative care into healthcare systems.

Importance

Palliative care improves the quality of life of patients suffering from serious illnesses such as cancer, heart disease, kidney failure, and neurological disorders. According to the World Health Organization (WHO), palliative care is an essential part of universal health coverage. It not only focuses on physical pain relief but also provides emotional, psychological, and spiritual support to patients and their families.

Hospice care, especially for terminally ill patients, ensures comfort, dignity.