

Report on World Hand Hygiene Day

Date: 5th May 2025

Venue: Fundamental of Nursing lab

Organized by: students of Kalyan college of Nursing,,Rajura

Theme: “Save Lives: Clean Your Hands”

Introduction

World Hand Hygiene Day is observed every year on 5th May. It is an initiative of the World Health Organization (WHO) to promote proper hand hygiene practices in healthcare settings and the community. The day emphasizes the importance of handwashing in preventing infections and saving lives.

Objectives

To create awareness about the importance of hand hygiene.

To prevent healthcare-associated infections (HAIs).

To promote the “5 Moments for Hand Hygiene.”

To encourage healthcare workers and the public to practice proper hand washing techniques.

Activities Conducted

Demonstration of proper hand washing technique (7 steps of hand washing).

Poster and slogan competition.

Health education session for patients and attendants.

Distribution of pamphlets about hand hygiene.

Awareness rally within hospital/community area.

Display of charts showing WHO's 5 moments of hand hygiene.

Role of Nursing Students

Demonstrated correct handwashing technique.

Educated patients about the importance of hand hygiene.

Assisted in organizing awareness programs.

Prepared posters and charts.

Encouraged compliance with hand hygiene protocols in wards.

7 Steps of Handwashing

Wash your hands for at least **20-30 seconds**.



World Health
Organization

