

REPORT ON MATERNAL HEALTH AWARENESS DAY CELEBRATION (2026)

Event: Maternal Health Awareness Day

Theme: "Holding Ground on Maternal Health"

Date: 23rd January 2026

Venue: Kalyan College of Nursing, Rajura , Maharashtra

Organised By: B.Sc. Nursing Students

Introduction

On 23rd January 2026, the students of Basic B.Sc. Nursing at Kalyan College of Nursing observed **Maternal Health Awareness Day**. The event aimed to sensitise students and the local community about the importance of protecting maternal well-being and reducing preventable maternal mortality, which remains a critical global health disparity.

Event Highlights

The celebration commenced with an inaugural session where faculty members highlighted that over **80% of maternal deaths are preventable** with timely, evidence-based care.

Key activities conducted by the B.Sc. Nursing students included:

- **Educational Health Talks:** Students delivered sessions on essential maternal nutrition, the importance of iron-folic acid supplementation, and regular antenatal check-ups.
- **Awareness Skits:** Impactful skits were performed to educate the audience on recognizing **urgent maternal warning signs**, such as severe headaches, vision changes, and heavy bleeding.
- **Interactive Demonstrations:** Students demonstrated maternal care practices, including the correct use of the partograph and postpartum care essentials.
- **Community Outreach:** Distribution of educational pamphlets covering topics like birth preparedness, complication readiness, and the benefits of exclusive breastfeeding.
- **Myth-Busting Sessions:** An interactive discussion was held to address common myths and misconceptions related to pregnancy and childbirth.

Objective Achievement

The programme successfully addressed the 2026 theme, "**Holding Ground on Maternal Health**," by emphasizing the need for equitable access to prenatal and specialist care. It reinforced the role of nursing professionals in bridging the gap between communities and the healthcare system.

Conclusion

The event concluded with a vote of thanks. The celebration not only enhanced the students' practical understanding of maternal health services but also contributed to community awareness regarding safe motherhood practices.

Reported By:

7th semester

B.Sc. Nursing

Kalyan College of Nursing Rajura